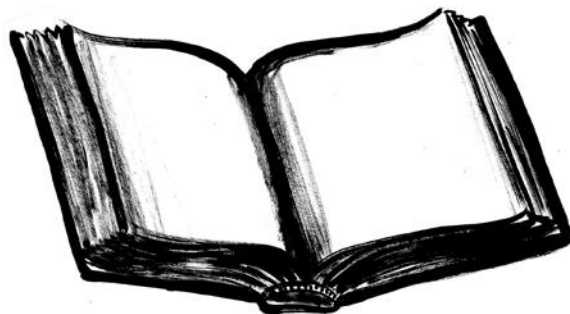


(May peace & blessings of Allah(swt) be on all of you)

## THE BOOK OF DEEDS

I don't remember what I was doing at this time of last Thursday but this reminded me about The Book of Deeds. Every day we move our body parts to make hundreds of actions and we keep on doing them without realizing that every move we make and every word we speak is being written!

Let's talk about it today...



Read Al-Quran, in chapter 83, verse 7 says that the deeds of wicked are in *Sijjin* and verse 18 says that deeds of good people are in *Illiyun*

83:8 كَلَّا إِنَّ كِتَابَ الْفُجَّارِ لَفِي سِجِّينٍ 83:7 وَمَا أَدْرَاكَ مَا سِجِّينٌ

*Nay! Surely the record of the wicked is (preserved) in Sijjin.83:7 And what will explain to thee what Sijjin is?83:8*

83:19 كَلَّا إِنَّ كِتَابَ الْأَبْرَارِ لَفِي عِلِّيِّينَ 83:18 وَمَا أَدْرَاكَ مَا عِلِّيُّونَ

*Nay, verily the record of the Righteous is (preserved) in 'Illiyin.83:18 And what will explain to thee what 'Illiyun is?83:19*

**Let's explore Quran to know where and how our actions are written**

**1- How Our Actions are Written** (The answer is in Chapter 50) Two angels sitting at our right and left write whatever we do or speak.

وَلَقَدْ خَلَقْنَا الْإِنْسَانَ وَنَعْلَمُ مَا تُوَسْوِسُ بِهِ نَفْسُهُ وَنَحْنُ أَقْرَبُ إِلَيْهِ  
مِنْ حَبْلِ الْوَرِيدِ 50:16 إِذْ يَتَلَقَّى الْمُتَلَقِّيَانِ عَنِ الْيَمِينِ وَعَنِ الشِّمَالِ

فَعِيدٌ 50:17 مَا يَلْفِظُ مِنْ قَوْلٍ إِلَّا لَدَيْهِ رَقِيبٌ عَتِيدٌ 50:18

*Surely, it is We who have created man, and We know what goes through his thoughts: as We are closer to him than his neck-vein.(50:16) Behold, two (guardian angels) appointed to learn (his doings) learn (and note them), one sitting on the right and one on the left.(50:17) Not even a word can he speak but there is a watcher with him, always-present. 50:18*

**2- Where is this book** (The answer is in Chapter 17) It's somewhere in or

around our neck, may be some gland or body part, it is said that one Teaspoon of DNA has information equal to all of the books ever written by humans. So it's not difficult for our book to be around our neck, is it?

وَكُلِّإِنْسَانٍ أَلْزَمْنَاهُ طَائِرَهُ فِي عُنُقِهِ وَنُخْرِجُ لَهُ يَوْمَ الْقِيَامَةِ كِتَابًا

يَلْقَاهُ مَنشُورًا 17:13

*And We have made every man's actions to stick to his neck, and We will bring it out to him on the resurrection day as a book which he will find wide open: 17:13*

**3- When will we see that** (The answer from Chapter 49) The wrong doers will feel terrified to see that everything is written in it and not a single action big or small is left out.

وَوُضِعَ الْكِتَابُ فَتَرَى الْمُجْرِمِينَ مُشْفِقِينَ مِمَّا فِيهِ وَيَقُولُونَ يَا وَيْلَتَنَا مَالِ هَذَا الْكِتَابِ لَا يُغَادِرُ صَغِيرَةً وَلَا كَبِيرَةً إِلَّا أَحْصَاهَا

وَوَجَدُوا مَا عَمِلُوا حَاضِرًا وَلَا يَظْلِمُ رَبُّكَ أَحَدًا 18:49

*And the Book (of Deeds) will be placed (before you); and you will see the bad people in great terror because of what is (recorded) therein; they will say, "Ah! woe to us! what a Book is this! It leaves out nothing small or great, but takes account of everything!" They will find all that they did, placed before them: And your Lord will not treat any one with injustice.18:49*

**4- Some will Get It in Right Hand** (From Chapter 69) Those to whom it will be given in the right hand will be entered in the High Gardens of the Paradise and fruits of the gardens will be easy to reach.

فَأَمَّا مَنْ أُوتِيَ كِتَابَهُ بِيَمِينِهِ فَيَقُولُ هَٰؤُلَاءِ أَفْرُؤُوا كِتَابِيهِ 69:19 إِنِّي ظَنَنْتُ أَنِّي مُلَاقٍ حِسَابِيهِ 69:20 فَهُوَ فِي عِيشَةٍ رَاضِيَةٍ 69:21 فِي جَنَّةٍ عَالِيَةٍ قُطُوفُهَا دَانِيَةٌ 69:22 كُلُوا وَاشْرَبُوا هَنِيئًا بِمَا أَسْلَفْتُمْ فِي

الْأَيَّامِ الْخَالِيَةِ 69:24

*Now as for him whose book shall be placed in his right hand, he will call: "Come you all!" Read this my book!(69:19) Behold, I did know that [one day] I would have to face my account! (69:20) And so he will find himself in a happy state of life,(69:21) in a superior paradise,(69:22) The Fruits whereof (will hang in bunches) low and near.(69:23) "oh you Eat and drink, with full satisfaction; because of the (good) that you sent before you, in the days that are gone!" (69:24)*

**5- Some will Get It in Left Hand** (Chapter 69) Those who will get it in the left hand will be thrown in the Hell fire and they will wish that death would have been finished them forever

وَأَمَّا مَنْ أُوتِيَ كِتَابَهُ بِشِمَالِهِ فَيَقُولُ يَا لَيْتَنِي لَمْ أُوتَ كِتَابِيهِ 69:25  
وَلَمْ أَدْرِ مَا حِسَابِيهِ 69:26 يَا لَيْتَهَا كَانَتِ الْقَاضِيَةَ 69:27 مَا أَغْنَى  
عَنِّي مَالِيهِ 69:28 هَلْكَ عَنِّي سُلْطَانِيهِ 69:29 خُذُوهُ فَغُلُّوهُ 69:30 ثُمَّ  
الْجَحِيمَ صَلُّوهُ 69:31

*But as for him who will be given his book in his left hand, will say: "I wish that I had not been given my book!(69:25) And I had not known what my account was: (69:26) I wish, that it had been my end (death)!(69:27) Of no profit to me has been my wealth!(69:28) My authority is gone away from me. (69:29) (It will be said): "grab him and tie him,(69:30) Then throw him in the blazing Fire (69:31)*

Now you me or no one has seen this book but it is told to us in Quran but be known that Quran is right in telling us how we looked like in our mother's wombs when we were in embryological form, just realize who else except the Creator could have seen humans at that stage of birth whereas the first microscope was invented hundreds of years later.. So read Quran you will see hundreds of good reasons to believe in what it is told in it... Experience the feelings of truths around yourself that are told in Quran..

I believe that Quran is from Allah(swt) and also that the Book of My Deeds will be given to me so I am struggling to get it in my right hand, Inshallah.

**SO WATCH YOURSELF WHILE DOING ANYTHING  
BECAUSE EVERYTHING YOU DO  
IS NOTED**